

Ergebnisliste vom 16. VR Herrenkoog-Triathlon am 22.07.2006

Jedermann - Frauen
inkl. Mannschaftsteilnehmer
(550m Schwimmen - 25.000m Rad - 5.000m Laufen)



Platz	Start-Nr.	Name	Vorname	Schwimmen	Rad fahren	Laufen	Gesamtzeit	Wohnort	Verein
1	67	Paysen	Karen	00:11:24	00:44:47	00:21:10	01:17:21	Bargum	TSV Langenhorn
2	34	Lindner	Gabi	00:10:01	00:44:30	00:24:11	01:18:42	Hamburg	
3	71	Mertin	Julia	00:10:19	00:45:51	00:25:44	01:21:54	Hamburg	Wakenitzhochwasser SC
4	160	Thiel	Birgit	00:12:36	00:46:13	00:23:53	01:22:42	Glückstadt	Steinbeis Temming
5	468	Wiggers	Tanja	00:10:55	00:45:37	00:26:20	01:22:52	Beidenfleth	
6	63	Dockhorn	Stephanie	00:11:39	00:47:35	00:24:46	01:24:00	Flensburg	1.Flensburger Laufftreff
7	29	Krause	Andrea	00:11:27	00:47:15	00:26:08	01:24:50	Hamburg-Bergedorf	
8	62	Bornhof	Susanne	00:12:05	00:46:58	00:26:11	01:25:14	Viöl	www.42,195.de
9	46	Reusch	Daniela	00:08:43	00:49:11	00:28:11	01:26:05	Lübeck	
10	53	Sievers	Inga	00:11:41	00:47:05	00:27:20	01:26:06	Oldsum	
11	54	Sollberger	Doris	00:12:51	00:46:31	00:26:52	01:26:14	Ochlenberg	
12	602	Stegen	Vinka	00:10:54	00:44:22	00:32:38	01:27:54	Galmsbüll	WVM-Mönkeberg
13	15	Hartmann	Kerstin	00:08:25	00:48:42	00:31:02	01:28:09	Hamburg	
14	6	Braunsfurth	Heike	00:11:57	00:51:07	00:25:16	01:28:20	Bochum	
15	8	Carstensen	Claudia	00:09:38	00:50:35	00:28:39	01:28:52	Leck	
16	52	Seliger	Anita	00:09:29	00:48:12	00:31:38	01:29:19	Flensburg	Trias Flensburg
17	55	Sörensen	Marita	00:13:37	00:50:00	00:26:44	01:30:21	Leck	MTV Leck
18	66	Janke	Sina	00:10:57	00:48:13	00:31:12	01:30:22	Hörup	
19	45	Petersen	Svenja	00:11:56	00:51:45	00:27:01	01:30:42	Uphusum	Trias Flensburg
20	68	Pöhner	Sabine	00:12:42	00:50:26	00:27:36	01:30:44	Bohmstedt	
21	64	Hansen	Eike-Katrin	00:11:03	00:48:23	00:31:39	01:31:05	Bad Homburg	SC Oberursel
22	42	Olms	Anne-Barbara	00:11:21	00:52:52	00:27:02	01:31:15	Hamburg	
23	24	Kabelström	Sabine	00:12:52	00:48:56	00:29:28	01:31:16	Niebüll	Trias Niebüll

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24	195	Bahnsen	Birgit	00:10:00	00:52:13	00:29:51	01:32:04	Hamburg	
25	47	Richter	Iris	00:12:56	00:53:33	00:25:55	01:32:24	Braderup	
26	57	Tetens	Ellen	00:12:18	00:52:52	00:27:38	01:32:48	Hamburg	
27	31	Gabi	Saager	00:12:22	00:47:16	00:33:11	01:32:49	Großenwiehe	TriAs Flensburg
28	38	Merchel	Carol	00:13:57	00:49:03	00:30:12	01:33:12	Stockelsdorf	
29	51	Schwelm	Ina	00:10:58	00:48:49	00:33:31	01:33:18	Hamburg	FC St. Pauli
30	44	Pedersen	Frauke	00:11:24	00:47:49	00:34:24	01:33:37	HH	
31	60	Wagner	Claudia	00:11:30	00:50:15	00:31:55	01:33:40	Süderlügum	Mtv Leck
32	28	Koslow	Heidi	00:12:41	00:51:31	00:29:43	01:33:55	Husum	TriTeam LAV Husum
33	12	Georges	Maren	00:13:25	00:50:38	00:29:57	01:34:00	Hamburg	
34	69	Burmeister	Lena	00:11:29	00:52:07	00:30:29	01:34:05	Flensburg	Wakenitzhochwasser SC SG Wasserratten
35	22	Johannßen	Anja	00:11:37	00:51:36	00:31:16	01:34:29	Norderstedt	
36	10	Dreessen	Tanja	00:12:08	00:50:55	00:31:43	01:34:46	Hamburg	
37	33	Liesner	Nicole	00:15:22	00:49:29	00:29:58	01:34:49	Klixbüll	
38	1	Albrecht	Thoma	00:10:48	00:53:56	00:30:09	01:34:53	Dagebüll	
39	19	Ingwersen	Karina	00:13:45	00:49:25	00:31:53	01:35:03	Reußenköge	
40	59	von Stackelberg	Inken Maike	00:11:54	00:51:52	00:31:24	01:35:10	Galmsbüll	
41	35	Mandt	Ulrike	00:13:04	00:50:31	00:31:41	01:35:16	Mölln	
42	30	Krüger	Steffi	00:13:51	00:51:25	00:30:11	01:35:27	Risum-Lindholm	Aarhus 1900 Triathlon
43	58	Thomsen	Anja	00:12:21	00:52:53	00:30:47	01:36:01	Fahrdorf	Pleiten,Pech und Pannen
44	18	Ingwersen	Britta	00:13:40	00:51:31	00:31:14	01:36:25	Reußenköge	
45	21	Jacobsen	Dagmar	00:12:54	00:50:20	00:33:33	01:36:47	Struckum	
46	3	Bach	Michaela	00:11:11	00:49:58	00:36:08	01:37:17	Kiel	SG Tantalus Kiel
47	32	Levsen	Susanne	00:11:29	00:51:42	00:34:13	01:37:24	Husby/ Gremmerup	MTV Gelting 08

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48	70	Lilitakis	Bettina	00:13:00	00:50:28	00:34:46	01:38:14	Leipzig	Wakenitzhochwasser SC
49	48	Satzky	Britta	00:15:15	00:51:03	00:32:07	01:38:25	Achtrup	
50	27	Kohn	Bianca	00:11:13	00:54:39	00:32:41	01:38:33	Düsseldorf	
51	14	Hamburger	Nadine	00:11:36	00:52:30	00:34:38	01:38:44	Falkensee	
52	5	Dorthe J-S	Mühlich	00:13:47	00:51:34	00:33:26	01:38:47	Tornesch	
53	186	Bliesmann	Tanja	00:12:23	00:54:22	00:32:25	01:39:10	Risum-Lindholm	
54	13	Gurke	Sandra	00:11:26	00:51:05	00:36:56	01:39:27	Haselund	Tri-Team LAV Husum
55	49	Schattling	Ingrid	00:13:57	00:53:25	00:32:30	01:39:52	Leck	
56	61	Wenzel	Wiebke	00:11:19	00:52:10	00:36:27	01:39:56	Flensburg	Trias Flensburg
57	36	Martensen	Ilke	00:00:00	01:04:40	00:35:40	01:40:20	Wrixum	
58	39	Moriße	Nicole	00:12:31	00:51:59	00:36:00	01:40:30	Husum	TSV Mildstedt
59	7	Bremer	Sibylle	00:13:06	00:55:37	00:31:55	01:40:38	Hamburg	
60	16	Hellner	Annette Marie	00:13:47	00:55:37	00:32:14	01:41:38	Westerland	
61	778	Kunert	Henriette	00:14:12	00:53:17	00:34:12	01:41:41		
62	65	Hansen	Elske	00:12:40	00:52:38	00:36:47	01:42:05	Emmelsbüll	
63	20	Ipsen	Doris	00:12:35	00:52:53	00:36:59	01:42:27	Bordelum	
64	4	Bahnsen	Cornelia	00:13:14	00:52:15	00:37:49	01:43:18	Risum-Lindholm	
65	26	Knutzen	Ramona	00:13:56	00:53:19	00:38:38	01:45:53	Leck	
66	40	Möller	Sabine	00:13:48	00:57:56	00:37:22	01:49:06	Dreisdorf	Bredstedter TSV
67	72	Molzan	Cordula	00:14:21	00:58:52	00:36:24	01:49:37	Frankfurt am Main	Wakenitzhochwasser SC
68	37	Matzen	Bianca	00:12:54	00:56:17	00:42:29	01:51:40	Böelschuby	
69	50	Schmidt	Antje	00:14:43	00:56:43	00:40:22	01:51:48	Hamburg	SV Rapid
70	17	Ingwersen	Doris	00:16:49	01:01:44	00:33:52	01:52:25	Reußenköge	
71	23	Jürgensen	Martina	00:16:23	01:05:28	00:38:20	02:00:11	Hüsby	